

Children in Distress (NPO 011-496)

CINDI

Networking for children affected by AIDS



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Amakhambi okwelapha

Ukuzotshemiswa bulezi zitshalo

Plants to help the body

Kishalwa hantona lori okhambayo zemitha

Food for health • 1

A balanced diet

Choose healthy food

What is a balanced diet?

Good foods (PROTEIN) to build the body

Food for health • 3

Zitshalele ukherothi ngokwakho

Amareephi (amasu okupheka)



ANNUAL REPORT 2003

BACKGROUND

CINDI was founded in July 1996 and currently consists of over eighty government and non-government agencies who collaborate around children affected or orphaned by AIDS in the Pietermaritzburg area (where it is estimated by practitioners in the field, that the numbers of orphans in the municipal area range from between 8 000 - 10 000). CINDI Members look to each other for support, share information, mobilise resources, undertake advocacy work on behalf of children affected by HIV/AIDS and unite for action.



WORKING GROUPS

CINDI Members coalesce around specific issues and unite for action within the following working groups :

- Child Intervention Panel (CHIP) - a monitoring and advocacy peer group panel that secures administrative justice for children caught up in bureaucracy.
- The Home Based Care Consortium has developed an isiZulu Home Based Care Training curriculum for use by community groups that have a range of literacy skills.
- The Thapelo Medical Supplies Working Group accesses supplies (eg. disinfectants, vitamin and cough syrups etc) on behalf of home based carers, foster parents and institutions who are caring for children. (This project is named in memory of an abandoned little girl who died of full blown AIDS at one of the facilities run by a CINDI Partner. The staff named the child Thapelo, which means prayer in Sotho).
- Children Helping Children Working Group encourages the participation by relatively privileged local primary schools in programmes that raise awareness of HIV/AIDS, eradicate prejudice and provide practical help to children affected by HIV/AIDS.
- Local Government Working Group - CINDI staff and numerous CINDI Members form part of the Pietermaritzburg/Msunduzi AIDS Task Team, which is a vibrant public-private partnership model for collaborative action at Local Government level.
- CINDI's Housing Access Working Group - lobbies the Municipality and Provincial Housing Department to ensure that their policies make allowance for the reality of child-headed households, orphans and vulnerable children.
- The Nutrition Working Group recognises that it is difficult for HIV+ve people and other vulnerable groups to live healthy lives in the absence of adequate nutrition. Consequently the Working Group hopes to enhance people's access to groups in Pietermaritzburg who are providing emergency food aid, share information about good nutrition practices, and encourage communities to become involved with food production.
- The Funding Panel - CINDI has been approached by several large donor agencies who have enquired about the possibility of channelling money to CINDI Members through the Network. This process is guided by the CINDI Funding Panel - consisting of two neutral members of the Network, two or three independent members of the community, and a Funding Consultant.



CINDI Office Team

Stellar Zulu, Yvonne Spain, Suzie Krügel, Sixolile Ngcobo

Cover:

The Vodacom Healing Plants Poster; and articles from Learn with Echo, an adult basic education newspaper supplement produced by the Centre for Adult Education, University of Natal Pietermaritzburg. Learn with Echo appears every Thursday in the Echo, a weekly supplement to The Natal Witness.

CHAIRPERSON'S REPORT

The Zulu idiom "It takes a whole village to raise a child" has become increasingly meaningful to me through the work of the CINDI Network. We lack words to describe the plight of children in distress in the Midlands area, and without the support of a range of organisations working collaboratively to meet the needs of so many desperate children, the task before us would be too overwhelming. The strength of the CINDI Network has been in drawing together diverse NGOs, CBOs and government partners to work together towards commonly identified goals. During this process several key challenges have emerged, and are being addressed by the Network.

The invitation for CINDI to channel funds for strategic development and capacity building was greeted with enthusiasm by an overwhelming majority of Members. This new role as a funding conduit has been a steep learning curve for all involved, and has led to growth within CINDI itself in terms of organisational development. The team is keen to remind us that this is a pilot run for this type of work, and we are looking forward to ongoing refinement of this process, and a thorough evaluation of its outcomes for CINDI members.

The increased participation of community based organisations has been a highly successful development of the past year, and is significant in reaching more children affected by HIV/AIDS and other forms of adversity. The new Rockefeller Organisational Development Project that aims to support the strategic impact of NGOs is also critical at this stage of our development. This hopes to assist CINDI Members to reflect more critically on their role and leverage in relation to the multiplicity of needs of children in distress.

One of the strengths of CINDI is its strong relationships with various government departments. This has led to great strides forward in addressing implementation of policies relating to children. It also creates some degree of tension, however, and CINDI is constantly needing to reflect on the most constructive means with which to highlight blockages in implementation.

CINDI has created an important space for support of people involved in this difficult work. Commonly identified issues create a sense of relief that one is not tackling these matters alone, and offer an opportunity to reflect collectively on the underlying causes of the problems. Networking is of course a challenge in itself, and is never without creative tensions through differences in opinion regarding where best to invest our energy to maximise our impact on children. These differences enrich the work through creating opportunities to learn from one another. They also often stem from the passion with which CINDI partners engage in their work. The aspect that seems to make CINDI so successful at managing these dynamic relationships is a constant reminder to keep the focus of the networking on the needs of children. In this regard Yvonne has been a true champion of children, and her heartfelt dedication is an inspiration. The hard work, insight and emotional energy which she invests in the Network are greatly appreciated. The arrival of Stellar has been a wonderful adjunct to Yvonne's skills, and Stellar's professionalism and efficiency have boosted the work of the CINDI team enormously. Her manner in dealing warmly with people from a range of different backgrounds is an asset in terms of achieving the aims and values of CINDI. On behalf of the Members of the CINDI Network, I would like to thank Yvonne and Stellar for their efforts, and applaud them in their achievements of the past year. We hope that they share our sense of pride in all that has been accomplished.

We also express our heartfelt appreciation to CINDI's donor partners. Many of these partners were instrumental in supporting the original vision of CINDI. The involvement of other more recent partners has enabled CINDI to tackle emerging needs in a responsive and creative manner. Without this belief in the work of CINDI and the genuine commitment to meeting the needs of children in distress the work of the past year would not have been possible.

Berenice Meintjes

*Ros Grieve,
Umngeni AIDS Centre -
"I do gain so much from
CINDI meetings
where others are
expressing similar
concerns to mine."*



GO-ORDINATOR'S REPORT

Introduction

The past year has seen the CINDI Co-ordination Office come of age. It has grown from one staff member (who worked from a desk at Youth for Christ) to a fully-fledged organisation with four staff members, expansive office accommodation at the Anglican Cathedral complex and a strong infrastructure; and the membership has increased from 68 to over 80. This growth has been charted by CINDI's able Chairperson, Berenice Meintjes (Sinani/KZN Programme for the Survivors of Violence) and the other members of the Finance and Co-ordination Committee (FINCO) - Sagree Naicker (Vice Chair from Pietermaritzburg Child Welfare Society); Keith Wimble (Treasurer from The Valley Trust); Larensia Rabe (KZN Dept of Welfare); John Scarrott (Pietermaritzburg & District Community Chest); Gerrit Ter Haar (God's Golden Acre); Zanele Maseko (Thandanani Children's Foundation); and Bev Killian (individual member from the University of Natal Pietermaritzburg).



The Year at a Glance

April 2002

- Funding is received from GOAL Ireland for the appointment of an Assistant Co-ordinator, AIDS & CHILD Switzerland (for the Home Based Care Consortium) and the D G Murray Trust.

May 2002

- Fifty-seven applications are received in response to the recruitment advertisement for the post of Assistant Co-ordinator.

June 2002

- Forty-seven people attend the CINDI AGM.

July 2002

- Stellar Zulu joins CINDI as Assistant Co-ordinator. Stellar has become a valued colleague whose contribution to the running of the CINDI Network Office makes her indispensable.
- I travel to Spain to attend the Barcelona AIDS Conference on a full scholarship. My lasting impressions are of the rapturous reception given to Mr Nelson Mandela and Mrs Graça Machel; the absence of children and Heads of State; and when all was said and done, the realisation that CINDI Members in Pietermaritzburg are actually walking the talk.
- Rob Garner (Chairperson) returns to England because of ill health.
- Berenice Meintjes agrees to Chair the CINDI Network, and I come to depend greatly on her wise counsel.

August 2002

- Ireland Aid decide to channel funds to the CINDI Network Office for distribution to a number of CINDI Partners for two years, and makes over R4 million available for this purpose. In addition, they agree to make funds available to enhance the operations of the Network Office. FINCO appoints Funding Consultant Phil Donnell, and the Funding Panel meets to kick start the adjudication process in respect of the Ireland Aid funds.

September 2002

- A food production workshop is convened by the Institute of Natural Resources. This evolves into the African Roots Project that seeks to co-ordinate urban food initiatives in the city and promote indigenous vegetables for PLWAs. The Centre for Adult Education agrees to feature African Roots and Nutrition in their Learn with Echo ABET supplement in The Natal Witness.

October 2002

- The Vodacom Foundation's Healing Plants Poster is launched at a function at the headquarters of the City Park's Department and is distributed to clinics, libraries, schools, government offices, NGOs and CBOs.
- The lack of service delivery by KZN Department of Welfare clerks at 240 Burger Street becomes of growing concern to Network Members.

November 2002

- I meet with Ms Yvonne Merafe, Special Advisor to Minister Zola Skweyiya to discuss 240 Burger Street. Shortly thereafter a CINDI delegation is invited to Durban to meet with senior officials from the KZN Department of Welfare where we share concerns and receive information about plans for service improvement in Pietermaritzburg.
- World famous story teller, Gcina Mhlope attends our World AIDS Day Commemoration at the Anglican Cathedral.

December 2002

- Rockefeller Brothers Fund make funding available for Organisational Development, a CBO Fieldworker and the operationalising of the CINDI Network Office. (This funding will be used

Juanita MacKay,
South African Health
Care Organisation -
"I cannot bear the thought
of operating in the work
we do and not being a
CINDI Network Partner."

concurrently with the Ireland Aid funding).

- The nine successful beneficiaries of the Ireland Aid funding sign 2-year agreements with CINDI.

January 2003

- CINDI obtains its own office infrastructure when it moves into the Anglican Cathedral Complex, and takes its sad leave from Youth for Christ who accommodated the CINDI Co-ordinating office for over four years at a nominal rental. We are made to feel most welcome at the Cathedral.

February 2003

- Suzie Krügel is appointed to the post of Part Time Book Keeper and immediately institutes comprehensive financial control mechanisms.
- Sixolile Ngcobo joins CINDI as the CBO Fieldworker and links up with the Ireland Aid Beneficiaries.
- We visit the Department of Welfare's new service centre in Pietermaritz Street. When this becomes operational in July 2003, service provision to social security grantees looks set to improve.

March 2003

- The Strategic Planning Meeting is attended by 30 Members.
- Funding is received from Stigting Kinderpostzegels.
- The Rockefeller Brothers Fund's Organisational Development Consultants are appointed.
- The Comfort/Duduza Doll Campaign gets underway when a group of caring knitters rise to the challenge of making toys for CINDI Members who counsel bereaved children.



Vistors and Presentations

Pieter Dirk Uys; Mary Turok and Yvonne Merafe (Advisors to Min Zola Skweyiya); Henk van Zuidam (Kinderpostzegels); Dudu Dlamini (The British Consulate); Nikki Miller (D G Murray Trust); Marianne MacRobert (First Rand Foundation); Margaret van Zyl (Reach for a Dream); Medicins du Monde; Save the Children Sweden; Nicole McHugh and Pebetse Maleka (Ireland Aid); Delegation from the Government of Swaziland; US Consular staff; members from The Black Sash Head Office, Cape Town; Elanor Jackson (ChildHope UK); Indlovu Partnership; Children of Fire; I advised Soul City on the content of their scripts for their SoulBuddyz series; I was consulted by 6 researchers during the course of the year; and I made presentations to a range of service clubs, schools and church groups.

Acknowledgements

I humbly acknowledge the heroic work of each CINDI Member and I am grateful to the following CINDI supporters : the generous funders who are listed in the Financial Statement; Government Departments; The Deputy Mayor C/r Zanele Hlatshwayo and the City Council; The Centre for Adult Education; The Natal Witness, The Echo; The Mirror; Togan Computers; SA Internet; DcData; Glenrand MIB; Charlene Smith; family and friends of the Late Aubrey Sussens; Shepstone & Wylie Tomlinsons; Ben Booyesen (Pty) Ltd, Gcina Mhlope; Pat McKenzie, Tim and Sharon Stent; Anthony Kinghorn; Mrs Munning-Kros from The Netherlands; Viv Biggs; Jim Read; the staff at Youth for Christ and the Cathedral of the Holy Nativity; Hilary Kromberg Inglis of Rapid Phase and Telkom SA.

Yvonne Spain

ASSISTANT CO-ORDINATOR'S REPORT

It is nine months since I joined the CINDI Network. It gives me great pleasure to report on my activities in the time I have been part of such a great Network.

CINDI has gone through such rapid growth in the short time that I have been serving, that it feels like it has changed its face completely. In a short space of time we have acquired new office space and have been joined by two wonderful members of staff - Sixolile Ngcobo and Suzie Krügel.

Highlights

- The growth of the Thapelo Project from a pilot into an active project which employs a part time co-ordinator - Ms Lindiwe Gcabashe.
- The continued support for the Thapelo Project from Msunduzi Municipality's Health Department.
- The World AIDS Day party for three hundred children hosted by children from schools participating in the Children Helping Children Working Group where Gcina Mhlophe gave a heart warming performance for our children.
- The increasing speed with which cases reported to the Child Intervention Panel are resolved.
- The presentation before the Health Portfolio Committee by the Child Intervention Panel in an attempt to improve services offered to child abuse victims by the District Surgeon/Crisis Centres.

*Daniela Gennrich,
formerly at Umngeni
AIDS Centre, now at
PACSA - "So nice to
belong to such a
worthwhile group."*

- The piloting of the City Wide Home Based Care Network which seeks to co-ordinate the efforts of groups delivering home based care services in our communities.
- The visit of the delegation from the Prime Minister's office in Swaziland aimed at sharing ideas in responding to the effects of HIV/AIDS on children.

Disappointments

- The departure of Ms Haylene Bonhomme Slinger of Longmarket Girls School to Ireland.
- The devastating impact of the epidemic on the lives of children and the slow rate at which society is responding positively to the needs of the children.

Presentations

In the time that I have been with CINDI I have conducted presentations at various organisations including schools, CINDI Partners' training sessions, workshops and faith based organisations.

Thanks

I am grateful for the support of the CINDI Co-ordinator and the staff at the Network Office, CINDI Members and FINCO. To Youth for Christ, thank you for your support and your friendship.

I would also like to extend my sincere thanks to GOAL for funding my position and believing in the necessity of such a role within the Network. To CINDI Members serving on the Working Groups that I have co-ordinated, I would like to say your efforts, time and energies are most valued. My sincere thanks to Gcina Mhlophe, The Midlands Ladies Guild, The Natal Witness, ECHO, The Mirror, Amalgamated Beverage Industries Ltd, Oxfam South Africa, Southbakels (Pty) Ltd and the Diocese of Natal (Pietermaritzburg).

Conclusion

I am privileged to serve in a Network of organisations of the calibre of CINDI Members. I draw inspiration from your courage, dedication and the commitment. The strength of this Network is its members.

Stellar Zulu

WORKING GROUP REPORTS

THE NUTRITION WORKING GROUP (including Healing Plants)

The CINDI Network formally approved the formation of the Nutrition Working Group on 29 April 2002, and it gives me great pleasure to report as follows:

- Life Line is the Lead Partner of the Working Group.
- In May 2002, Deputy Mayor Clr Zanele Hlatshwayo hosted a Nutrition Workshop at the City Hall that was attended by over sixty people. Three sub-committees were formed ie emergency food parcels/food relief, good nutrition practice/training and food production.
- Thanks to students from the School of Dietetics at the University of Natal, a data base of organisations/institutions in the city who distribute food parcels was produced. This is available from Life Line.
- African Roots Proposal - during the year, The Institute of Natural Resources, CINDI and the City AIDS Task Team developed a funding proposal that seeks to promote indigenous food production and co-ordinate food gardening initiatives in the city. An international donor has expressed interest in the proposal.
- Training Manual - The Good Nutrition Practice Committee is developing a training curriculum and manual in isiZulu that is sensitive to the needs of PLWAs.
- In February 2003 CINDI, the Starfish Foundation and Dr Albert Modi from the Department of Crop Science, University of Natal exhibited indigenous/veld foods at an intercultural tasting event.
- The Centre for Adult Education (UNP) has from time to time included Working Group articles on indigenous vegetables and good nutrition in their weekly Learn with Echo ABET supplement in The Natal Witness.
- Life Line have renovated an old house in their complex and this is used as a resource centre for nutrition information, the sale of E-pap (an instant maize porridge containing multivitamins and minerals), and as a distribution point for the healing plants Carpobrotus and Bulbine supplied by the Natal Botanic Institute.



June Turner
Chairperson

HOME BASED CARE CONSORTIUM (including the Home Based Care Network)

Formed in January 1999 the Home Based Care Consortium has been a committed, stable CINDI Working Group sustained by the dedication of the Management Team of CINDI, Msunduzi Hospice, PADCA and CREATE together with Ms Nobuhle Ndawonde, our Training Facilitator. Undoubtedly we have benefitted from our combined skills, and together we have alleviated our isolation and pooled our resources.

- The HBC has focused on addressing training needs in impoverished communities and has conducted 15 training sessions in isiZulu for 315 people during the year under review. Regrettably however, we have received numerous training requests which have not been met due to lack of funding. Consequently we have acknowledged the need to actively seek sustainable funding in order to expand our activities. This is our greatest challenge and first strategic goal for the future.
- Our second strategic goal is to develop a Network of Trainers to assist us in the practicalities of taking training out into distant rural communities.
- We are grateful for the key partnerships with the Departments of Health and Social Development that have underpinned our activities to date.
- Learners have reported increased confidence in dealing with family and neighbours, but a common refrain is that they have no access to practical supplies or care kits. In this regard, we value the work of CINDI's Thapelo Medicines Access Working Group and the supplies that our caregivers receive from this Project.
- A new trend has been noted in the last year where more men are actively involved in home based care and this appears to be bringing some shifts in attitude.
- Home Based Care Network - The City Wide Home Based Care Network is an initiative by NGOs, clinics, hospitals and CBOs that aims to strengthen the service of home based care to communities; ensure maximum support for caregivers through sharing of information, expertise, physical resources and avoid duplication of services in our communities. The Network recognises the necessity and the value of the work done by caregivers at community level and seeks to become a referral Network for clinics and hospitals that discharge patients back to families. CINDI has offered to co-ordinate the Network in its formative stages and will review its commitment every six months.

Dr Julie Dyer, MOH Msunduzi Municipality - "It has really helped to be able to deal with CINDI regarding the distribution of supplies through Thapelo. Your co-ordinating and statistic gathering services are critical".

Clare Wylie
Msunduzi Hospice (Lead Partner)

FUNDING PANEL

The CINDI Funding Panelists - Larensia Rabe (Chairperson from the KZN Department of Welfare), John Scarrott (from the Community Chest), Bongi Zengele Nzimande (Co-ordinator of the Solidarity Programme for PWAs, School of Theology, UNP), Dr Julie Dyer (Medical Officer of Health, Pietermaritzburg/Msunduzi Municipality), Phil Donnell (Funding Consultant) and Yvonne Spain (non-voting Minute Secretary) adjudicated the 11 proposals received from CINDI members in respect of the Ireland Aid funding. This process was guided by the CINDI Funding Protocol (which is available on the CINDI website) and was undertaken with due regard to the responsibility vested in the Panelists by the Network and Ireland Aid. Eventually after ten hours' deliberation, nine beneficiaries (who are obliged to identify and mentor nine community based organisations) were identified. During the year, the Panel also successfully facilitated the Rockefeller Brothers Fund enquiry in respect of an Organisational Development Project for the CINDI Office and Member Organisations. The Panel is pleased to advise that because of the similarity between the objectives of Ireland Aid and the Rockefeller Brothers Fund, the two donors are working closely together in the interests of CINDI Members. Unfortunately Mrs Sne Sithole from the Regional Department of Health resigned from the Panel during the year when she re-located to Durban. In her place we welcomed Dr Julie Dyer and are pleased to say that in future, our work will be enhanced by the contribution of Ms Thabisile Khoza, from the KZN Christian Council.

Larensia Rabe
Chairperson



*Peter Badcock-Walters,
Research Associate
HEARD, UND -*

*"What a diverse group;
there is clearly a lot of
knowledge, practical
experience and
commitment among
them."*

CHILDREN HELPING CHILDREN

In 2002, Longmarket Girls' School and St Nicholas Diocesan School joined St John's DSG as the main partners in Children Helping Children. The aim of the working group is threefold - promoting awareness of HIV and AIDS and its effects on children; the breaking down of prejudice; and the provision of practical aid. Apart from fund-raising and collection activities at the three schools, 3 joint projects were accomplished. Two Music Evenings were held, using a drama group, choirs and bands from the schools. Proceeds from these evenings (cash and kind) were donated to the Thapelo Medicines Access Project. The third joint project was the hosting of the AIDS Day party for CINDI partners and the children they care for. This took place at the Cathedral of the Holy Nativity on 30 November and was attended by about 300 children and caregivers. With Gcina Mhlope as guest of honour, other entertainment provided by the children, and a meal provided by the Midlands Ladies Guild and ABI a special day was enjoyed by all.

**Deb Avery
St Nicholas (Lead Partner)**



**Gcina Mhlope with learners from
St Nicholas - World AIDS Day Commemoration**

THAPELO MEDICINES ACCESS

Our Statistics and Staff

The average monthly statistics for the year under review show that 64 caregivers from 9 CINDI organisations have conducted 1 325 home visits to 262 families. This phenomenal growth made it necessary to employ a part time Co-ordinator, Ms Lindiwe Gcabashe, who currently works three mornings a week on a six month contract. We are grateful to Msunduzi Hospice, who as the Lead Partner of this Working Group, provides managerial support to the Co-ordinator

Thanks to our Supporters

During the year, the Thapelo Project (which has in the past received generous funding from Nissan SA and friends in The Netherlands) has enjoyed the support of :

- Msunduzi Municipal Health Department who have given a monthly sponsorship of R5000 worth of supplies.
- Ben Booyesen (Pty) Limited who kindly made an air conditioner available for our container depot which improved our efficiency and Lindiwe's working conditions.
- Gifts in Kind who donated a computer, which has improved our monitoring, stock control and data collection.

Our Future Plans

- The demand for the services of Thapelo is increasing on daily basis so it will be necessary to explore the possibility of expanding the project to include Home Based Care groups from outside the CINDI Network.
- There is also an urgent need for on-going funding to secure more supplies for the terminally ill, and the continued employment of the Co-ordinator, without whom the project would not function.

**Dr Gerrit Ter Haar
Chairperson (God's Golden Acre)**



HOUSING ACCESS WORKING GROUP

- The Group concentrated on the development of two pilot "special needs" housing projects for Pietermaritzburg Child and Family Welfare Society and Pietermaritzburg Children's Homes. It has been a long and frustrating process to access housing subsidy from provincial government, involving a substantial amount of work "at risk", in securing revenue funding and undertaking extensive building design and specification work.
- A number of other projects were supported by way of ad hoc technical advice from the Built Environment Support Group. It is anticipated that both pilot projects that have pursued the housing subsidy route will proceed into implementation in the first half of the new reporting year.
- Much of the work in developing housing projects will in future be routed through Msunduzi Municipality, in line with recent amendments to housing legislation.
- The highpoint of the year was a "Consensus Building Conference" on HIV/AIDS and Housing, held on 25th March, which helped unpack the effects of poor quality housing, and the impact of HIV/AIDS on household security.
- While the partnership has set a path for more effective and integrated service delivery, it has become apparent that CINDI will need to retain an independent capacity to advocate changes to enabling legislation which places children first.

Cameron Brisbane

Built Environment Support Group (Lead Partner)

CHILD INTERVENTION PANEL (CHIP)

During the past year the Panel's primary focus has been in the area of advocacy and lobbying for group rights rather than receiving and managing individual referrals of children "stuck in the system". We have continued to advocate for better service delivery from the Dept of Health in the management and treatment of child sexual abuse victims and repeatedly called into question the practices or lack thereof of the District Surgeons. Having had no success with the past processes, CHIP referred the concerns to the Provincial Portfolio Committee on Health and consequently at the end of 2002 the Inter-sectoral Provincial Task Team was resurrected. A better working relationship with the Health Department has now begun to be established and we hope this will continue to grow and develop to the advantage of all future victims/survivors.

Julie Todd

Chairperson (PMB Child Welfare)

LOCAL GOVERNMENT

The Msunduzi Municipality has had a close association with CINDI since the inception of its Msunduzi AIDS Strategy in November 2001, where it became an important member of the Steering Committee which guides implementation. During 2002 the Municipality has collaborated with CINDI and its member organisations on numerous projects relating to HIV/AIDS in the City, particularly around the support of Home Based Care services, supply of resources to the Thapelo Working Group, the establishment of the Msunduzi Referral Network, and the training and placement of HIV/AIDS Counsellors at Municipal clinics by Life Line Rape Crisis, with funding from Oxfam GB. This project enabled the City to make all its clinics Voluntary Testing and Counselling Centres and is an example of how co-operation between Local Government and Non-Governmental Organisations can improve service delivery on the ground.

The Msunduzi AIDS Strategy has received recognition from international organisations such as UN-Habitat and UN-AMICAALL as an example of best practice in a local government response to AIDS, and it is due largely to our relationship with the CINDI Members that the Strategy has been so successful. We greatly value our relationship with CINDI, and find that this public-private partnership is of great benefit to the residents of the Municipality. We look forward to collaboration on many more projects in the future.

Dr Julie Dyer

Medical Officer

Msunduzi Municipality

*Sr Sheila Flynn,
Sithand'izingane
Care Project
Gauteng -
"I have often
benefitted from being
part of the CINDI
Network. Would that
we could replicate the
model here in the
Gauteng area."*



A CINDI COLLAGE

Ireland Aid Beneficiaries



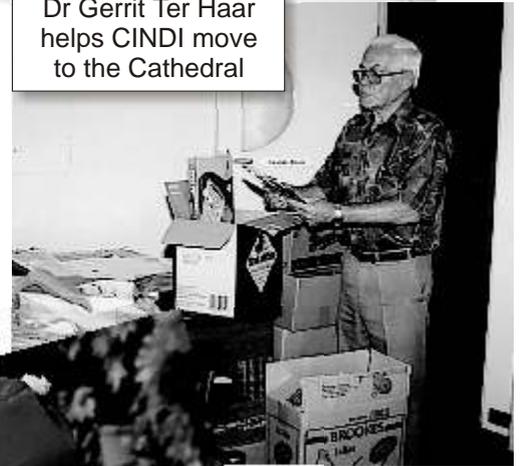
Suzie Krügel, Sixolile Ngcobo & Yvonne Spain take delivery of CINDI's new car



The Midlands Ladies' Guild on World AIDS Day



Dr Gerrit Ter Haar helps CINDI move to the Cathedral



The International Taste Exhibition
Candice Smith, Mabongi Mtshali & Yvonne Spain



A guest at the World AIDS Day Commemoration



Sagree Naicker & Louise Vis networking at a CINDI Meeting



Comfort/Duduza Dolls



FINANCIAL STATEMENTS

Qualified Audit Opinion - Deloitte & Touche

We hereby confirm that the balance sheet and income statement included in this report is an extract of the audited financial statements for the year ended 31 March 2002 and that signed copies can be obtained from the CINDI Network Office, Cathedral Complex, 169 Longmarket Street, Pietermaritzburg.

*Nikki Miller,
D G Murray Trust -
"I do so enjoy all your
informative
(and often heart-wrenching
e-mails).
Thank you for them all."*

CHILDREN IN DISTRESS NETWORK

INCOME STATEMENT

31 March 2003

	Notes	2003 (12 months) R	2002 (14 months) R
FUNDRAISING INCOME		91 205	90 691
Subsidy from KZN Department of Welfare		77 458	74 321
General donations received		13 747	16 370
DESIGNATED DONATIONS		2 400 472	36 975
Fund Ireland Aid- Grants to beneficiaries		2 400 276	-
Research grant from Department of Social Development		196	30 000
Less: Research expenditure		-	(29 804)
Thapelo project		-	34 474
Woolworths		-	2 305
Glaxo Welcome		-	51 000
Less: Distributed to beneficiaries		-	(51 000)
OTHER INCOME		76 8949	17 198
Rockefeller Fund income		221 300	-
Goal SA income		94 126	-
Ireland Aid income		367 948	-
DG Murray Trust income		46 500	-
Worlds Aids Day Luncheon		60	10 940
Less: Expenses		-	(8 075)
Administrative service to Msunduzi Hospice and Soul City		7 820	14 000
Interest received		31 195	333
TOTAL INCOME		<u>3 260 627</u>	<u>144 864</u>
LESS: EXPENSES		269 133	112 704
Advertising		5 204	-
Administration and accounting fees		24 814	2 650
Bank charges		2 890	1 236
Computer expenses		4 179	3 708
Consulting fees		12 316	-
Contingency expenses		-	1 927
Depreciation		4 950	-
Donations		250	-
PR Entertainment		441	519
PR Refreshments		3 269	237
PR Networking		980	-
Fees paid- subscriptions		570	1 277
Hire of hall/facilities		950	60
Insurance		-	1 500
Motor vehicle expenses		200	-
Repairs and maintenance		91	110
Rental - office		9 135	2 800
Photocopying and postage		3 264	148
Printing		7 671	2 346
Salary expenses		159 197	85 210
Stationery		4 663	210
Sundry expenses		185	-
Telephone		16 314	4 050
Travel		5 935	4 306
Training		1 389	410
Workmens compensation		276	-
SURPLUS for the year		<u>2 991 494</u>	<u>32 160</u>
Less: Amount transferred to Ireland Aid Fund		<u>2 785 260</u>	-
Amount transferred to Accumulated Fund		<u>206 234</u>	-



HONORARY TREASURER'S REPORT

The financial structure of CINDI changed materially during the period under review due to substantial donor funding being received, notably from Irish Aid. This is indicative of the recognition of the value the CINDI Network adds to the work undertaken by the Member Organisations.

- Total income increased from R11 864 to R3 260 627.
- Expenses increased from R112 704 to R269 133.
- The surplus of R32 160 was transferred to an investment account prior to distribution to the beneficiaries in terms of the Irish Aid grant.
- Interest received of R31 195 is well up on the R333 received in 2002.

The Organisation has employed competent financial personnel to manage the increased financial responsibility and accountability.

Thanks are recorded to Youth for Christ for providing the accounting services for most of the year under review and to Messrs Deloitte Touche for the audit.

Keith Wimble



CHILDREN IN DISTRESS NETWORK

BALANCE SHEET

as at 31 March 2003

	<u>Note</u>	<u>2003</u> R	<u>2002</u> R
ASSETS			
NON-CURRENT ASSETS			
Property, plant and equipment	1	106 656	-
CURRENT ASSETS			
Cash		117 943	55 696
Sundry debtors		452	-
Investment		2 185 190	-
		<u>2 303 585</u>	<u>55 696</u>
TOTAL ASSETS		<u><u>2 410 241</u></u>	<u><u>55 696</u></u>
EQUITY AND LIABILITIES			
CAPITAL AND RESERVES			
Accumulated fund	2	224 956	55 696
Ireland Aid fund	3	2 185 190	-
Accrued expenses		95	-
		<u>2 410 241</u>	<u>55 696</u>
		<u><u>2 410 241</u></u>	<u><u>55 696</u></u>

*Joan van Niekerk,
Child Line -
"Thanks for the
wonderful information
you send all
of us."*

CHILDREN IN DISTRESS NETWORK
 NOTES TO THE ANNUAL FINANCIAL STATEMENTS
 31 March 2003

1. PROPERTY, PLANT AND EQUIPMENT

	Motor Vehicles R	Computer Equipment R	Office Furniture R	Total R
Opening net book value	-	-	-	-
Cost	-	-	-	-
Accumulated depreciation	-	-	-	-
Additions	63 050	40 220	3 386	106 656
Cost	64 119	44 053	3 434	111 606
Accumulated depreciation	(1 069)	(3 833)	(48)	(4 950)
			<u>2003</u> (12 months) R	<u>2002</u> (14 months) R

2. ACCUMULATED FUNDS

Accumulated funds are made up as follows:

Balance at beginning of the year	55 696	-
Less: Amounts paid to beneficiaries:		
- Department of Welfare Research Grant	(196)	-
- Fund Thalepo Project	(34 473)	-
- Fund Woolworths HBC	(2 305)	-
Reserves transferred from Community Chest at beginning of the year	-	23 536
Surplus for the current year	206 234	32 160
	<u>224 956</u>	<u>55 696</u>

3. IRELAND AID FUND

Balance at beginning of year	-	-
Transferred in:		
- Grants received	2 756 225	
- Interest	29 035	
Transferred out:	-	-
Paid to beneficiaries:		
- Survivors of Violence (SINANI)	(75 987)	-
- The Valley Trust	(48 292)	-
- Msunduzi Hospice Association	(72 437)	-
- Umgeni Aids Centre Trust	(36 219)	-
- Rob Smetherham Trust	(52 324)	-
- Youth for Christ	(72 437)	-
- Thandanani Children's Foundation	(96 583)	-
- Child & Family Welfare Society	(49 208)	-
- The Gateway	(96 583)	-
Balance at end of year	<u>2 185 190</u>	<u>-</u>



GINDI MEMBERS AT 31 MARCH 2003

55 VOTING MEMBERS

- ✘ **African Enterprise:** An evangelical organization with an HIV/AIDS response that acts as a networking resource. aesa@africanenterprise.org.za
- ✘ **Anglican Cathedral AIDS Ministry:** Community outreach project that provides material support to needy families and street children.
- ✘ **Beth-Hatlam Children's Home:** An NGO providing residential care, education and medical care to children on a farm 15km outside Greytown. beth@shalomtrust.co.za
- ✘ **Beverly Janet Killian:** An individual member providing research, training and teaching in psychosocial support for vulnerable children. Based at the University of Natal Pietermaritzburg. Killian@nu.ac.za
- ✘ **Built Environment Support Group/BESG:** Provides technical support on housing and development projects. cameron@besg.co.za
- ✘ **Christelike Maatskaplike Dienste:** A Christian organization providing life skills programmes for children in the Ixopo and Kranskop areas. cmdpmb@freemail.co.za
- ✘ **Cindy Easterday:** Church based individual member. simunye@futurenet.co.za
- ✘ **Community Chest:** Fundraising and logistical support for welfare agencies. chest@pixie.co.za
- ✘ **Community Based Rehabilitation Education & Training for Empowerment/CREATE:** Training of communities to look after disabled children in KwaZulu-Natal. create3@telkomsa.net
- ✘ **Department of Welfare Pietermaritzburg Regional Office:** Co-ordinating and subsidization of services for children. rael@pwke.kzntl.co.za
- ✘ **Duduza Home:** Provides accommodation and support to infected and affected children through a cluster foster care programme. Duduza@sai.co.za or bethanyh@sai.co.za
- ✘ **Family Violence, Child Abuse and Sexual Offences Unit/SAPS:** Investigation of all criminal cases against children as well as domestic violence and sexual offences against adults. midlandsfcs@saps.org.za
- ✘ **Family and Marriage Society of SA/FAMSA:** Provides life skills programme in the Msunduzi Municipality and Impendle areas. famsapmb@sai.co.za
- ✘ **Friends for Life:** Caring for people living with HIV/AIDS in Mpophomeni, Howick.
- ✘ **God's Golden Acre:** Community outreach project supporting orphans in extended families in rural areas, residential care in cluster foster homes, home schooling and pediatric hospice in Cato Ridge. gga@wandata.com
- ✘ **Hope and Peaceful Organization:** Caring for orphaned children in Imbali Township.
- ✘ **Howick Community AIDS Ministry:** Provides social, psychological and material support for over 25 families in Mpophomeni. homoeopath@futurenet.co.za
- ✘ **Humanity Organization for People's Empowerment/HOPE:** Provides counseling, nutrition and home based care in Edendale.
- ✘ **Imbalenhle Community Health Centre:** Provides post-natal care, PMTCT, home based care and training of caregivers.
- ✘ **Jabulisile Shange:** Individual member.
- ✘ **June Turner:** Individual member. turners@sai.co.za
- ✘ **Kenosis Community:** Provides cluster foster care and runs a crèche for underprivileged children in Bishopstowe. kenosis@telkomsa.net
- ✘ **Khulugqame Crèche Association:** Crèche workers who also provide home based care visits in their communities.
- ✘ **Lawyers for Human Rights:** Legal advice and research on the rights of children affected by HIV/AIDS. lhrpmb@lhr.org.za
- ✘ **Life Line & Rape Crisis PMB:** Provides generic telephone counseling on a 24 hour basis; face-to-face counseling by appointment; 24 hour mobile crisis counseling to rape survivors, attempted or threatened suicide; and battered woman who require removal to the Haven. Also provides counseling skills courses and HIV/AIDS rapid testing. lifelinepmb@wandata.co.za
- ✘ **NCVV/SAVF:** Women's voluntary organization focusing on family care with community and economic development projects targeted at poor and illiterate community members. ncvvsavf@mweb.co.za
- ✘ **Memory Box Project:** Promoting resilience in children of families affected and infected by HIV/AIDS. denis@nu.ac.za
- ✘ **National Institute for Prevention of Crime and the Reintegration of Offenders/NICRO:** Support for offenders' families and communities in the Midlands Region. nicropmb@mweb.co.za
- ✘ **Pietermaritzburg Agency for Christian Social Awareness/PACSA:** An ecumenical organization working with human rights and justice issues. pacsa@wn.apc.org
- ✘ **Pietermaritzburg and District Care of the Aged/PADCA:** Provides home based care for the aged and support groups for grandparents of orphaned children. padcasa@futurenet.co.za
- ✘ **PMB Child and Family Welfare Society:** Facilitates special needs foster care placements, cluster foster care and monitoring of children (including HIV+ children). Recruits and trains special needs caregivers. adoptpmb@futurenet.co.za or pmbcws@futurenet.co.za
- ✘ **PMB Children's Homes:** Provides residential care for children infected and affected by HIV/AIDS. pch@futurenet.co.za
- ✘ **Project Gateway:** Income generating skills training, pregnancy crisis and home based care. pg@futurenet.co.za
- ✘ **Rehoboth Port Shepstone:** Provides foster care for orphaned and abandoned children infected and affected by HIV/AIDS. info@rehoboth.org.za
- ✘ **Rob Smetherham Bereavement Service for Children:** Provides play therapy counseling to children, support to caregivers and community awareness training in the use of play skills to support bereaved children. rsbsc@futurenet.co.za
- ✘ **Sibusiso Khanyile:** Individual member. TACPMB@oxfam.org.za

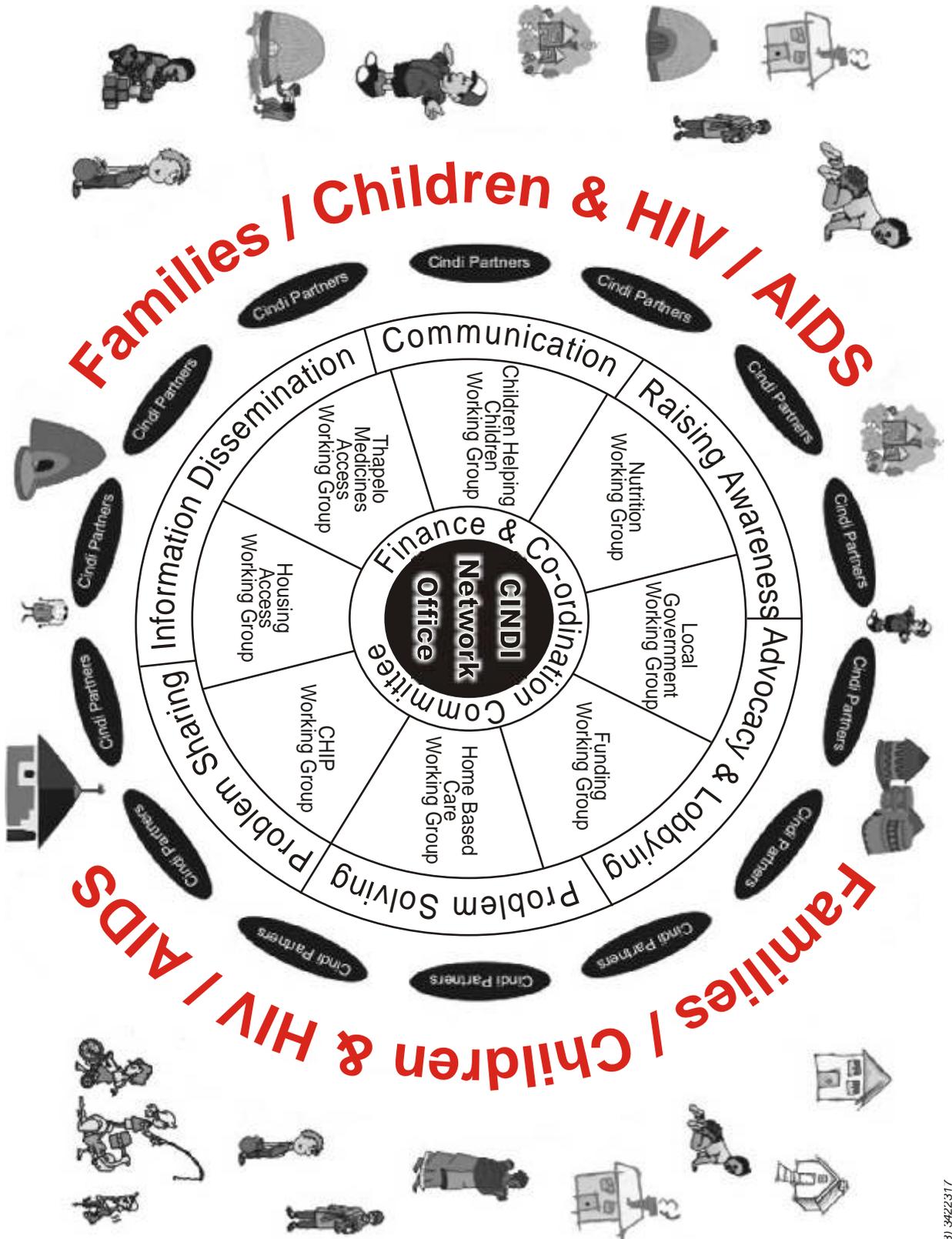


- ✂ **Sinani: KwaZulu Natal Programme for Survivors of Violence:** Provides community based psycho-social interventions and trauma counseling for caregivers and children. bearpsv@iafrica.com
- ✂ **Siyaphila Community Based Organization:** Assists children with food parcels, school fees and also runs a soup kitchen.
- ✂ **SOS Children's Village:** Cares for children who are affected by HIV/AIDS. pmb@sosvillage.org.za
- ✂ **South African Health Care Organization/SAHECO:** Provides income generating skills training and HIV/AIDS awareness workshops in the Inadi Tribal area. Juanita@futurenet.co.za
- ✂ **St John's Diocesan School for Girls:** Collection of non-prescriptive palliative medicines for children. symesa@stjohns.kzn.school.za
- ✂ **St Joseph Care Group:** Provides food parcels, clothing, school requirements and encourages the growing of vegetable gardens in Mpophomeni, Hilton Valley and Cedara communities. mford@satweb.co.za
- ✂ **St Mary's Catholic Church AIDS Concern Group:** Faith based organization assisting affected communities in Pietermaritzburg. lizkm@futurenet.co.za
- ✂ **St Nicholas Diocesan School:** Collection of non-prescriptive palliative medicines for children. stnichs@soal.com
- ✂ **Tabitha Ministries:** Provision of home based care, income generating skills training and a hospice. Tabitha@3i.co.za
- ✂ **Thandanani Children's Foundation:** A Community Development Programme focusing on the needs of orphaned and vulnerable children and their caregivers. Linda@thandanani.org.za
- ✂ **The Salvation Army Joseph Baynes Children's Home:** Provides residential care for vulnerable and HIV/AIDS infected and affected children in Pietermaritzburg. salarmy@sai.co.za
- ✂ **The Valley Trust:** Provides community health support, testing, home based care, nutrition education, organic agriculture, personal development and whole school development situated in Botha's Hill and serving the whole of Kwa Zulu-Natal. vtrust@wn.apc.za
- ✂ **Training and Resources in Early Education/TREE:** Provides training in Early Childhood Education in the whole of KwaZulu Natal and parts of the Eastern Cape. tree@worldonline.co.za
- ✂ **Umngeni AIDS Centre:** Strengthens community based and church HIV/AIDS initiatives in the Hilton, Howick, and Mpophomeni areas. umngeni@webmail.co.za
- ✂ **Msunduzi Hospice:** Provides home based care services and training, as well as bereavement support to families and mothers in Pietermaritzburg. hospice@futurenet.co.za
- ✂ **Msunduzi Municipality:** Implementation of the City's AIDS Strategy, municipal services for 21 clinics, ATICC, provides home based care supplies in the Msunduzi Municipality. dyerj@pmbcc.gov.za
- ✂ **Umvoti AIDS Centre:** A network of people and organizations working in the HIV/AIDS field in the Greytown area. mwtonyd@mweb.co.za
- ✂ **Youth for Christ:** Family reunification for street children (including transitional residential care), AIDS education and support groups for youth in schools and in communities, and income generating skills training for communities in Durban and Pietermaritzburg areas. samann@youthkzn.co.za
- ✂ **Zethembe People's Organization:** Conducts HIV/AIDS awareness workshops, peer education, home based care and runs a crèche for orphaned children.



30 AFFILIATED MEMBERS

- AIDS & CHILD (Switzerland) info@aidsandchild.org
- AIDS Help International (Durban) palms@mweb.co.za
- Bantabami/Holy Trinity Church pekaane@futurenet.co.za
- Black Sash Pietermaritzburg sashpmb@blacksash.org.za
- Cheryl Goodenough cheryl@profilekzn.co.za
- Chris Keal ckear@iafrica.com
- Dr. N.H. McKerrow mckerrown@dohgreys.kzntl.gov.za
- E.R.I.C. Training and Development (Southern KZN) OLIVE@SCOTTBURG.CO.ZA
- Gifts in Kind South Africa giksa@mweb.co.za
- Gozololo (Durban) nataliec@fotf.co.za
- HOPE World Wide (Durban and Gauteng) EdwardPhillips@hopeww.org
- Ingwavuma Orphan Care (Ingwavuma) 10c@lantic.net
- Jenny Bell bell@wandata.com
- Johan and Nel Knol visie@mail.com
- Dr Joseph Chandy jo@seapro.or.th
- L.E.T.C.E.E Izingane Zethu (Kranskop and Greytown) letcee@sinet.co.za
- Louise Vis (Washington D.C.) lviscarton@yahoo.com
- Mabongi Msthalali mmtshali@nmsa.org.za
- Mary Turok (Cape Town) mturok@anc.org.za
- National Botanical Institute Pietermaritzburg gnat@futurenet.co.za
- Childline KZN childlin@global.co.za
- Pinetown Child Welfare Society (Pinetown) pmkay@mweb.co.za
- Ray and Jo Patridge (Cape Town) rpart@futurenet.co.za
- Ross A. Haynes: Health Systems Trust hstross@sai.co.za
- Sarah Frost (Durban) sarah@meit.co.za
- Sister Margaret O'Shea and Lavern Anderson Harry iti05728@mweb.co.za
- Sister Sheila Flynn/Sithandizingane Care Group (Gauteng) thabong@global.co.za
- South Coast Hospice (Port Shepstone) schospkz@venturenet.co.za
- Starfish Greathearts Foundation candie@iafrica.com
- University of Kentucky (USA) HIV/AIDS Prevention akarnell@mweb.co.za



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